

### Keynote Presentations

#### The Gift That Keeps on Giving

Dr. El's signature Keynote, often referred to as the Acorn Story, where she shares her inspiring journey from a Head Start student to the successful business owner of an international education consulting company. In this powerful presentation, Dr. El highlights the crucial role of early childhood educators and service providers, emphasizing the long-lasting impact they have on the children and families they serve. Using the metaphor of an acorn, Dr. El illustrates the growth potential inherent in every child who enters an early childhood learning environment, reminding us that they have the potential to become mighty oak trees. Through her personal narrative, Dr. El celebrates the dedication of service providers as 'tree growers' who play a vital role in the ecosystem of our world, even if they may not see the direct impact of their efforts. Dedicated service providers are the gift that keeps on giving!!!

#### How to Build a Top-Notch Village

In this engaging keynote, Dr. El shares the transformative journey of building her own **Top-Notch Village**—a supportive network of intentional relationships that uplift, inspire, and empower. Through heartfelt storytelling and actionable insights, she introduces the five essential keys to creating a village: opening your door, investing in listening, learning people rather than positions, identifying key players, and serving as a villager. Dr. El illustrates how these principles transformed her life, demonstrating how a strong village enhances engagement with families, communities, and teams. Attendees will leave inspired to create their own villages, recognizing that the power of connection drives sustainable growth and impact.

#### What's Your Why?

Experience a captivating Keynote by Dr. El, where she shares profound insights gained from teaching during the global pandemic. Through her powerful narrative, Dr. El highlights the importance of centering yourself in 'Your Why' to preserve personal well-being while navigating professional environments. Drawing from her own experiences in a public school setting, she emphasizes understanding what you can control and leveraging those aspects to enhance your quality of existence in professional settings. Learn how to remain 'the best of you' throughout the year by focusing on your 'why' and taking control of the factors within your reach. This inspiring Keynote will leave you empowered and motivated

### Professional Development

#### Building Inclusive Family Connections

##### **Mama Bear: Engaging Families of young children with disabilities**

This workshop integrates parent narratives and experiences to provide practitioners with a structured framework for better engaging families of children with disabilities. Through whole group discussions and bilateral exercises, participants gain strategies to foster collaborative, trusting partnerships that result in desired learning outcomes.

##### **Strengthening Family Partnerships: Engaging families of diverse young children**

Analyzing effective communication, this workshop explores methods for building strong family or professional partnerships based on healthy communication. Through whole group discussions and small group exercises, participants learn strategies to catalyze collaborative, trusting, and respectful partnerships for desired learning outcomes.

##### **The Power of Words: Effective communication and relationship building with families**

Emphasizing the importance of effective communication in relationship building, this training equips learners with skills for positive communication, connecting healthy rapport with families to the delivery of sensitive information, ensuring a vocabulary that preserves positive relationships.

##### **What Do I See? How Do I Say It?: Recording objective observations and communicating findings with families**

Through this workshop, early childhood educators will master the art of effectively conveying developmental concerns to families ("Say It"), adeptly communicating daily behavioral incidents with families ("Tell It"), and providing thorough incident reports to administration ("Report It"). Participants will acquire clear and unbiased methods for relaying events with children in the early childhood setting to all necessary stakeholders, fostering relationship-building and preservation.

##### **It Takes a Top Notch Village: Promoting positive family engagement**

In this workshop, participants will uncover effective strategies for nurturing educator-family partnerships in children's learning. Explore building trust, enhancing communication, and fostering inclusive environments. Gain practical tools to promote positive family involvement and enhance educational experiences for children. Whether you're a teacher, administrator, or childcare provider, this workshop equips you with valuable insights to strengthen collaborative efforts.



### **Cultivating Professional Excellence**

#### **We're in the Relationship Business: Enhancing leadership skills and professional communication**

In this workshop participants will delve into the essential aspects of effective leadership and communication in professional settings. Through interactive sessions and guided discussions, attendees will explore strategies for building strong relationships, fostering teamwork, and cultivating a positive work environment. The workshop will cover topics such as active listening, conflict resolution, giving and receiving feedback, and leveraging emotional intelligence in leadership roles. Whether you're a seasoned leader looking to refine your skills or an emerging professional seeking to enhance your communication abilities, this workshop offers valuable insights and practical techniques to elevate your leadership and professional interactions.

#### **It doesn't Have to be a difficult conversation: Strengthen professional relationships through effective communication and collaboration.**

This workshop provides a working session for team members to bring in real-life scenarios and work through how to engage in productive and thoughtful conversation with colleagues. Through interactive discussions and practical exercises, participants will learn valuable communication strategies to navigate challenging conversations and collaborate more effectively. Whether you're a team leader, manager, or team member, this workshop provides a supportive environment to enhance professional relationships and promote a positive work culture.

#### **New Horizons: Adapting and thriving during organizational transitions**

This workshop explores organizational change, addressing its impact on service providers' well-being, fostering a growth mindset, providing tools for self-care and stress management, and developing strategies for effective communication and collaboration during transitions.

#### **"Comprehensive" Teamwork Makes the Dream Work: Interdisciplinary collaboration in Early Child Education and Family Services**

Exposing participants to knowledge and skills for effective interdisciplinary collaboration, this workshop enhances the ability to work cohesively as a team, providing comprehensive support for young children and their families.

#### **Smart Solutions: ChatGPT for Early Childhood and Family Services leadership**

Discover how ChatGPT can transform your leadership team's productivity and communication in early childhood education and family services. This virtual workshop, designed specifically for leadership teams, will demonstrate practical ways to streamline work deliverables, analyze data, and enhance overall functionality. By leveraging AI technology, you can make informed decisions faster, improve parent and staff communication, and effectively manage your administrative tasks. Learn how integrating



ChatGPT into your daily operations can significantly boost your team's efficiency and effectiveness.

### Fostering Emotional Intelligence and Cultural Awareness

#### **Cultural Humility: A tool for creating safe spaces for collaboration and partnerships with diverse families of young children**

Focusing on ongoing commitment to self-evaluation, this workshop explores Cultural Humility to develop tools for serving diverse communities. Participants differentiate between Cultural Humility and Cultural Competence, aiming to establish respectful relationships and move from competence to humility.

#### **Say My Name: Acknowledging, accepting, and appreciating Diverse identities**

This workshop explores the significance of names and diverse identities, touching on personal experiences and the concepts of assimilation versus acculturation. Participants will discuss the importance of embracing diversity in various environments, celebrating individuals as they are and appreciating the diversity and beauty of differences, viewing communities as wonderful salad bowls rather than melting pots.

#### **Building Bridges: Enhancing emotional intelligence to combat microaggressions**

Discover effective ways to address microaggressions in the 'Building Bridges' workshop. Through role-play and interactive activities, participants will enhance emotional intelligence and gain insights into recognizing and distinguishing between different types of microaggressions. Learn to navigate the complexities of intent versus impact, fostering understanding, empathy, and respect in diverse settings. Elevate your approach to diversity and create a more inclusive environment in your workplace or community.

#### **Friendship Numbers: How to introduce diversity, equity, and inclusion to young children**

Ensuring that children, like adults, experience respectful, safe, and inclusive environments is vital. This training provides developmentally appropriate strategies and talking points to instill the ideals of inclusion and social justice in young children. It incorporates a read-aloud book, song, and activities that can be seamlessly integrated into learning environments.

### Prioritizing Teacher Well-being

#### **Harmony in the Classroom: Strategies for self-awareness and teacher well-being**

Empowering teachers with knowledge and strategies, this workshop focuses on cultivating heightened self-awareness, facilitating emotionally intelligent decisions, and preserving teacher well-being while creating an environment for diverse young learners.



### **Calm in Chaos: Tools for emotional regulation in the classroom**

Prioritize teacher well-being and prevent burnout with our 'Emotion Regulation in the Classroom' workshop. Participants will gain valuable insights into identifying and regulating their emotions using a specialized self-assessment tool designed for classroom settings. Recognizing the spectrum of emotions teachers experience daily, this workshop provides essential tools to help educators manage their emotional responses effectively, fostering a supportive and sustainable work environment. By investing in teacher well-being, we ensure the retention of valuable staff and promote a healthier educational community.

### **Thriving Together: Self-care and empathy in the workplace**

This workshop empowers employees to enhance their well-being through practical self-care strategies, effective communication, and empathy. Participants will learn to set and respect boundaries, utilize support systems, and foster a supportive workplace culture. Ideal for creating a more resilient and understanding work environment, this training equips teams to thrive together.

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### **Tailored Professional and Family Development**

Didn't find the perfect match? No worries! I'm here and excited to collaborate with you in tailoring a workshop that perfectly suits your team and family needs. Let's create customized solutions together to ensure your organization and families achieve success. I'm eager to work with you to help families WIN!